

Fall 2023

Give gifts to children and families in shelter this holiday season

Each holiday season the families staying with us experience the terrible feeling of being housing insecure when others are giving and receiving gifts. Regardless of what holidays our families celebrate, December is a hard month to know you cannot provide gifts to your children.

At Womanspace East we are dedicated to being more than a shelter. As much as possible, we want our residents to feel like they have a home while they are here. This is never more important than this time of year.



Last year you – our generous supporters – provided toys, clothes, slippers, books, and more to our families in need. Thank you for showing up for them, and us, in the many ways that you do.

Scan the QR code with your phone camera to access our Wishlist of items to make the holidays bright for the 26 families currently staying with us.



All gifts provided through our Amazon Wishlist are given directly to families experiencing homelessness in our care





## Get to know us



Program Coordinator, Dana Marton

Families come in complete crisis mode, and I want them to start feeling less stressed the minute they walk through our doors. I meet with them one-on-one either weekly or biweekly. We complete a goal plan to help them gain self-sufficiency. I provide trauma-based therapy if necessary. Referrals are made to help with outside services such as mental health, public assistance, domestic violence counseling, and transferring or enrolling in new schools.

Being here from the beginning of the crisis is such a rewarding part of my job. Giving people hope and support that tomorrow will be better. I often think what would my sons do if they ever were facing a housing crisis and I was not there to help? I have experienced domestic violence and childhood trauma myself and know that providing services helps someone navigate through these situations and begin to feel like themselves again. These problems are not fixed overnight and often need lifelong support.

## Spaces to grow

We are grateful to McCauley Ministries for their financial support and Windows by Anderson for giving a significant discount to replace all our shelter windows this fall. The new windows will modernize the building and lower heating bills.



## The good you create

22-year-old Shana came to us with her 2-month-old son. She had been living with her son's father while on maternity leave unable to work, but his mother asked her to leave.

Throughout Shana's six months in shelter, she was an excellent mother and utilized every resource



provided to her by her WSE case manager. She accessed diaper banks and the Genesis Program for baby items and clothing while attending a parenting class and Mommy and Me at the local library.

To return to work, Shana accessed Early Learning Resource Center subsidies to pay for childcare. She went back to work and was able to access housing assistance. She now lives in a two-bedroom apartment with her son.